

# An Introduction to Positive Behaviour Support Practice

A pathway for psychology and  
other allied health graduates.



*melior*

Positive Behaviour Support

# Positive Behaviour Support is an evidence-based approach to improving quality of life and supporting behaviour change.

This course is designed to provide participants with the knowledge and skills to support their application as an *entry-level behaviour support practitioner* through the Alternative Assessment Pathway with the National Disability Insurance Scheme (NDIS).

There is a significant shortage of Positive Behaviour Support practitioners across Australia, therefore employment opportunities are strong.

These are well paid positions that will enable you to build on your theoretical knowledge and develop your practical psychology, social work, allied health or other relevant skills.

This program offers places for graduates and experienced professionals who wish to pursue a career as a Positive Behaviour Support practitioner under the NDIS.

## Course information

This course is delivered by Community Training Solutions in partnership with Melior Positive Behaviour Support.

Psychology, Social Work, Allied Health and Education graduates are encouraged to apply.

Courses commence February 2023 and run three times a year or more, according to demand.

Places are limited. Register your interest today.

Email us on [hello@melior.org.au](mailto:hello@melior.org.au) or scan the QR Code below.



# An Introduction to Positive Behaviour Support Practice.

A pathway for psychology and other allied health graduates.

## **COURSE COORDINATOR:**

Wendy O'Connor - Clinical Psychologist

**AHPRA REGISTRATION NUMBER:** PSY0001579958

## **AHPRA PSYCHOLOGY BOARD-APPROVED**

**SUPERVISOR:** Registrar program principal supervisor, Area of practice: Clinical Psychology

**COST:** \$1,000

**DURATION:** Approx. 2 months, part-time

**PARTICIPANTS:** No more than 12 people per course

## **COURSE COMPONENTS**

- Pre-reading on Positive Behaviour Support and the NDIS (four hours)
- Two x 4-hour face to face workshops
- Two hours of supervised observation in a practice setting
- Completion of a simple abridged functional behaviour assessment and Positive Behaviour Support plan based on observation and indirect assessment (4+ hours) - developmental feedback is given
- Support in completing the application for suitability through the alternative assessment pathway as an *entry-level Positive Behaviour Support practitioner* to be submitted to the NDIS QSC (two hours).

## **WORKSHOPS**

### **Introduction to Positive Behaviour Support Practice - Workshop 1 – Functional Behaviour Assessment**

- Impact of behaviours of concern on people with disability
- What is Positive Behaviour Support?
- Evolution of Positive Behaviour Support
- Key principles of Positive Behaviour Support
- Selecting and defining target behaviours
- Topography of behaviour vs function (purpose) of behaviour
- Measuring behaviour: direct and indirect measures
- **Functional behaviour assessment:**
  - Biopsychosocial background factors that impact on human behaviour
  - Ecological factors that increase the likelihood of behaviours of concern
  - Factors that trigger behaviours of concern
  - Reinforcers of behaviours of concern
- **Data collection:** direct and indirect methods.

### **Introduction to Positive Behaviour Support Practice - Workshop 2 – Developing a Positive Behaviour Support Plan**

- Quality-of-Life Assessment
- Setting broad goals based on Quality-of-Life Assessment
- Analysing patterns between behaviour of concern, biopsychosocial background factors, setting events, triggers, and maintaining reinforcers
- Developing a Summary Hypothesis Statement
- Setting SMART goals based on target behaviours
- Developing a Positive Behaviour Support plan
  - Addressing background factors
  - Addressing setting events and trigger factors
  - Teaching replacement skills
  - Addressing maintaining reinforcers
- Response strategies
- Restrictive practices
- Interim and Comprehensive Positive Behaviour Support plans
- Implementation, monitoring and evaluation.

## **ASSESSMENT**

There is no formal assessment associated with this program.

Participants will complete a simple abridged functional behaviour assessment and develop a Positive Behaviour Support plan based on the two-hour observation and provided documentation. Feedback will be provided.

## **RECOGNITION**

Participants will receive a Certificate of Completion from Community Training Solutions endorsed by Melior Positive Behaviour Support.

**Students who complete this course can use their Certificate of Completion in their application to the NDIS QSC.**



Fact sheet: New entry level behaviour support practitioners applying for suitability

## Scan QR codes or click on text to access online resources



An Introduction to  
Positive Behaviour Support



Fact sheet: New entry level behaviour support  
practitioners applying for suitability



Understanding Behaviour Support and  
Restrictive Practices – For Providers



The Positive Behaviour Support  
Capability Framework

## Get in touch

P 6253 4700 E [hello@melior.org.au](mailto:hello@melior.org.au)

  [melior.org.au](https://www.melior.org.au)

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