

# An Introduction to Positive Behaviour Support Practice

A pathway for psychology and  
other allied health graduates.

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*melior*

Positive Behaviour Support

# Positive Behaviour Support is an evidence-based approach to improving quality of life and supporting behaviour change.

This course is designed to provide participants with the knowledge and skills to support their application as an entry-level behaviour support practitioner through the Alternative Assessment Pathway with the National Disability Insurance Scheme (NDIS).

There is a significant shortage of Positive Behaviour Support practitioners across Australia, so employment opportunities are strong.

These positions will enable you to build on your theoretical knowledge and develop your practical psychology, social work, allied health, or other relevant skills.

This program offers places for graduates and experienced professionals who wish to pursue a career as a Positive Behaviour Support practitioner under the NDIS.

## About this course

This course is delivered in person by Melior Positive Behaviour Support in Perth, Western Australia.

Psychology, Social Work, Allied Health and Education graduates are encouraged to apply.

Places are limited. Register your interest today.

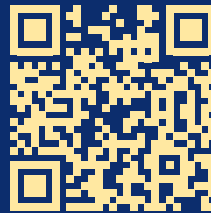
Email us on [hello@melior.org.au](mailto:hello@melior.org.au) or scan the QR Code below.

### In-person workshops

Tues 28 Nov, 10am-12pm

Wed 29 Nov, 9am-3:30pm

Kadidjiny Training Room,  
28 Burton St, Cannington WA



# An Introduction to Positive Behaviour Support Practice

## COURSE COORDINATOR:

Wendy O'Connor - Clinical Psychologist

## AHPRA REGISTRATION NUMBER:

PSY0001579958

## AHPRA PSYCHOLOGY BOARD-APPROVED

**SUPERVISOR:** Registrar program principal supervisor, area of practice: Clinical Psychology

**COST:** \$1,000

**DURATION:** Approx. 2 months, part-time

**PARTICIPANTS:** Max of 12 people per course

**COURSE PRESENTERS:** Wendy O'Connor

## COURSE COMPONENTS

- Pre-reading on Positive Behaviour Support and the NDIS (4 hours)
- 2 x workshops - 2 hours (day 1), 6 hours (day 2)
- One 2 hour supervised practical session
- Completion of a simple abridged functional behaviour assessment and Positive Behaviour Support plan based on observation and indirect assessment (4+ hours) - developmental feedback is given
- Support in completing the application for suitability through the Alternative Assessment Pathway as an entry-level Positive Behaviour Support practitioner to be submitted to the NDIS QSC (2 hours).

## WORKSHOP 1

### Introduction (2 hours) – 28 November 2023

- Brief introduction to the NDIS
- Supports funded under the NDIS
- Behaviour Support versus Positive Behaviour Support
- Understanding PBS is highly regulated under the NDIS QSC
- Understanding the human rights of people with disability
- An introduction to regulated restrictive practices
- Videos and discussion on restrictive practices
- New PBS practitioners: Applying for suitability through the Alternative Assessment Pathway.

## WORKSHOP 2

### FBA & PBS strategies (6 hours with 30 minutes lunch included) – 29 November 2023

#### Introduction to Functional Behaviour Assessments

- Impact of behaviours of concern on people with disability
- Evolution & key principles of PBS
- Completing a Functional Behaviour Assessment (FBA)
- How an FBA leads directly to PBS intervention strategies
- Biopsychosocial background factors
- Antecedents
  - Setting events
  - Triggers
- Maintaining reinforcers/consequences.

#### Developing Positive Behaviour Support strategies

- Profile history, characteristics, strengths, interests, challenges, and needs
- Identifying broad quality of life goals
- Describing topography of target behaviour
- Analysing patterns
- Developing a summary hypothesis statement
- Setting specific goals for behaviour change
- Diagramming the summary hypothesis statement
- Describing replacement behaviours and maintaining reinforcers
- Identifying and selecting intervention strategies
- Implementing and monitoring
- Planning for unexpected incidents.

## ASSESSMENT

There is no formal assessment associated with this course. Participants will complete a simple abridged Functional Behaviour Assessment and develop a Positive Behaviour Support plan based on the 2 hour observation and provided documentation. Feedback will be provided.

## RECOGNITION

Participants will receive a Certificate of Completion from Melior Positive Behaviour Support.

**Use your Certificate of Completion to support your application to the NDIS QSC to become an entry-level PBS practitioner through the Alternative Assessment Pathway.**



Fact sheet: New entry level behaviour support practitioners applying for suitability

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Positive Behaviour Support

## Scan QR codes or click on text to access online resources



An Introduction to  
Positive Behaviour Support



Fact sheet: New entry level behaviour support  
practitioners applying for suitability



Understanding Behaviour Support and  
Restrictive Practices – For Providers



The Positive Behaviour Support  
Capability Framework

## Get in touch

P 6253 4700 E [hello@melior.org.au](mailto:hello@melior.org.au)

  [melior.org.au](https://www.melior.org.au)

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